

Professor Lixing Lao

POSITIONS HELD

- 2019 – present President, Virginia University of Integrative Medicine, Fairfax, VA, USA
- 2013 – 2019 Professor, Director, School of Chinese Medicine, The University of Hong Kong, Vivian Taam Wong Professorship in Integrative Medicine
- 2008 - Present Adjunct Faculty, Doctoral Program, American College of Traditional Chinese Medicine, San Francisco, CA, USA
- 2007 - 2013 Professor, Center for Integrative Medicine, Department of Family and Community Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 2003 - 2007 Co-President, Society for Acupuncture Research (SAR)
- 2000 - 2007 Associate Professor, Center for Integrative Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 2000 – 2013 Director, Traditional Chinese Medicine Research Program, Center for Integrative Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 1998 - 2000 Clinic Director, Complementary Medicine Program, Kernan Hospital, Baltimore, MD., USA
- 1998 - 2000 Assistant Professor, Complementary Medicine Program, Department of Family Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 1999 Acting Academic Dean, Maryland Institute of Traditional Chinese Medicine (MITCM), Bethesda, MD., USA
- 1994 – 2001 Clinic Director, MITCM Clinic, Maryland Institute of Traditional Chinese Medicine. Bethesda, MD., USA
- 1994 - 1999 Board Member, State of Maryland Board of Acupuncture
- 1994 - 1998 Research Assistant Professor, Complementary Medicine Program, Department of Family Medicine, University of Maryland, Baltimore, MD., USA
- 1992 - 1994 Research Assistant Professor, Department of Anesthesiology, University of Maryland at Baltimore, MD., USA
- 1992 Research Associate, Department of Anesthesiology, University of Maryland at Baltimore
- 1988 - 1992 Graduate Research Assistant, Department of Physiology, Dental School, University of Maryland at Baltimore, MD., USA
- 1983 - 1986 Teaching Faculty, Department of Acupuncture, Shanghai College of Traditional Chinese Medicine, Shanghai, P. R. China.

ACADEMIC QUALIFICATIONS

- 2005 – Present Diplomat in Oriental Medicine, National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), Provider #: ACHB426-097
- 1998 – Present Diplomat in Chinese Herbology, National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) Provider #: ACHB426-097
- 1990 – Present Diplomat in Acupuncture, National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) Provider #: ACHB426-097
- 1987 – 1992 Ph.D. Physiology, University of Maryland at Baltimore, Baltimore, Maryland
- 1978 – 1983 M.B. Traditional Chinese Medicine and Acupuncture, Shanghai University of Traditional Chinese Medicine, Shanghai, China

Guest Professor

- 2013 - Distinguished Adjunct Professor, Shanghai Municipal Hospital of Chinese Medicine, affiliated hospital of the University of Traditional Chinese Medicine, Shanghai, China.
- 2013 - Adjunct Professor, Center for Integrative Medicine, Department of Family and Community Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 2011 - Guest Professor, Beijing University of Chinese Medicine, Beijing, China.
- 2011 - Oversea Distinguish Professor, Beijing University of Chinese Medicine, Beijing, China (awarded by the Department of Education, PRC.)
- 2002 - Guest Professor, Shanghai University of Traditional Chinese Medicine, Shanghai, P. R. China.

CLINICAL EXPERIENCE

- 1998 - 2000 Clinic Director, Kernan Hospital, Complementary Medicine program, University of Maryland School of Medicine, Baltimore, MD., USA
- 1992 - 2013 Clinician, Center for Integrative Medicine, Department of Family and Community Medicine, University of Maryland School of Medicine, Baltimore, MD., USA
- 1988 - Licensed Acupuncturist, Maryland Board of Acupuncture
- 1983 - 1986 Residency: Shanghai University of Traditional Chinese Medicine, Shu-Guang Hospital, Shanghai, China
- 1982 - 1983 Internship: Shanghai University of Traditional Chinese Medicine, Shanghai, China

RESEARCH INTEREST

As a principal investigator and co-investigator, Professor Lao was awarded grants on over 30 clinical trials and pre-clinical studies in acupuncture and Chinese herbal medicine by the National Institutes of Health (NIH), Department of Defense (DOD), USA, Nature and Science Foundation China (NSFC), China and Health and Medical Research Fund (HMRF), Hong Kong, China. He is particularly interested in conducting translational research that bridges basic science, clinical trials, and "real world" acupuncture/Chinese herbal medicine clinical practice. In 1999, he established a laboratory of TCM research in the University of Maryland School of Medicine, Baltimore to conduct basic science studies on acupuncture and Chinese herbal medicine and led a lab research team. Widely recognized for his unique contributions to acupuncture/TCM research methodology and evidence-based Chinese medicine, he has been invited to give lectures extensively in this field. He has been actively published over 250 peer-reviewed scientific papers and over 10 book chapters.