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CONTACT INFORMATION

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EDUCATION BACKGROUND

03/11-03/12 **Visiting scholar**, Neural System Group, Psychiatry, Massachusetts General Hospital/Harvard Medical School, USA.
09/97-07/00 **Ph. D.**, Acupuncture, *Chengdu University of TCM, Chengdu, China*
09/94-07/97 **M.M.S.**, Acupuncture, *Chengdu University of TCM, Chengdu, China*
09/89-07/94 **M.B.A.**, Acupuncture, *Chengdu College of TCM, Chengdu, China*

QUALIFICATIONS

10/16 **Registered Chinese Medicine Practitioner in Hong Kong** (No.007520)
01/15 **Qualification for Acupuncture practitioner in USA** (No.151589),
issued by NCCAOM in USA
12/04 **Qualification for practicing doctor** (No.200451141510222700513352) &
licensed TCM doctor in China (No.141510107001127), issued by
Health Department of Sichuan Province, China
04/03 **Teacher's Qualification for higher education institutions in China**, issued by
Education Department of Sichuan Province, China.
(No.20015100171007034)
08/00 **Certificate for Putonghua (Mandarin) Grade testing: Level B in Grade A**
(No.4120655), issued by Language working committee of Sichuan
Province and State Language Commission

PROFESSIONAL MEMBERSHIP

01/03- present **Peer Reviewer**, Board of National Natural Science Foundation
05/19-present **Peer Reviewer**, *Fund for Young Teachers of Colleges and
Universities, Fok Ying Tung Education Foundation, Ministry of
Education*
10/17-present **Member**, Hong Kong registered Chinese Medicine Practitioners
Association
10/00- present **Member**, Chinese Acupuncture Association
12/13-present **Committee Member**, Acupuncture Points Professional Committee in
Chinese Acupuncture Association
08/13- present **Council member**, Traditional Chinese Medicine Committee of
Chengdu
10/04- 06/2014 **Secretary**, Clinical Committee of Sichuan Acupuncture Association

POSITIONS HELD

09/21-Present	Senior Lecturer , <i>School of Chinese Medicine, the University of Hong Kong</i>
09/18-08/21	Lecturer , <i>School of Chinese Medicine, the University of Hong Kong</i>
08/14-08/18	Assistant Professor , <i>School of Chinese Medicine, the University of Hong Kong</i>
03/17-present	Registered Chinese Medicine Practitioner , <i>Hong Kong Gleneagles Hospital & Clinical teaching center in School of Chinese Medicine, The University of Hong Kong</i>
03/15-03/17	Associate Consultant , <i>the University of Hong Kong-Shenzhen Hospital</i>
03/11-03/12	Visiting Scholar , <i>Neural System Group, Psychiatry, Massachusetts General Hospital / Harvard Medical School</i>
12/07- 07/14	Full Professor , <i>Chengdu University of TCM, Chengdu, China</i>
03/05-06/14	Director , <i>Teaching & Research Department of Basic Acupuncture, Chengdu University of TCM, Chengdu, China</i>
04/06-06/14	Graduate Supervisor (in three-year-style) , <i>Chengdu University of TCM, Chengdu, China</i>
05/07	Associate Professor , <i>Dr. Pedro Choy College of Chengdu University of TCM, Lisboa, Portugal</i>
03/05	Leader Reserve in Academic and Technology Development in Traditional Chinese Medicine , <i>TCM Managing Bureau of Sichuan Province</i>
07/03	Peer Reviewer , <i>Application of Chinese National Science Funds</i>
06/03- 06/14	Graduate Supervisor (in seven-year-style) , <i>Chengdu University of TCM, Chengdu, China</i>
12/02-12/07	Associate Professor , <i>Chengdu University of TCM, Chengdu, China</i>
07/00-12/02	Lecturer , <i>Chengdu University of TCM, Chengdu, China</i>

TEACHING TRAINING

07/04	“Medical teaching techniques and methods” (16hrs), got the “Training certificate of Senior seminar for young backbone teachers in institutions of higher learning”, issued by Ministry of Education of China
03/03	Position Training for the new professoriate staff in higher education institutions of Sichuan Province (10hrs)
07/02-08/02	Certificate for completing the “Teach the Teacher English Course” (Oral English training), Issued by MSI professional services (17days)
07/00	Position Training for the new teachers in higher education institutions (2weeks), including <i>“University teaching theories and methods”</i> and <i>”educational psychology”</i> , gained title of "outstanding trainee".

TEACHING EXPERIENCE (19 years)

1. Teaching objects and courses

- (1) **For undergraduates (13 courses)** : More than 6000 teaching hours on the following courses: Acupuncture and Moxibustion, Meridians and Acu-points, Training on Locating the Meridians and Acu-points, English for Acupuncture, English for TCM in Chengdu University of TCM; Foundation Theories of Chinese Medicine (BCHM1601), Diagnosis of Chinese Medicine (BCHM 1602), Canon of Chinese Medicine (BCHM3601), Foundation of Acupuncture (BCHM3603), Therapeutics in Acupuncture Moxibustion (BCHM4016), Intensive Training on Clinical Acupuncture Techniques

(BCHM3908), Chinese Internal Medicine (BCHM3602), Introduction to Differential Diagnosis of Critical and Severe Diseases (BCHM9005) in School of Chinese Medicine, HKU.

- (2) **For graduate students (9 courses):** Special Subjects on Acupuncture and Moxibustion (M.M.), Seminars on Acupuncture and Moxibustion (Ph.D.) in Chengdu University of TCM; Chinese Internal Medicine (MCHM6400), Therapeutics in Acupuncture and Moxibustion (MCHM6104), Seminars on Research Progression of Chinese Internal Medicine (MCHM 6401), Biomedical Courses Allied to Acupuncture (MCHM 6102), Experimental Acupuncture (MCHM6205), Seminars on Acupuncture (MCHM6201), Introduction of Chinese and Western Medicine in Emergencies and Serious Diseases (MCHM 6304) in School of Chinese Medicine, HKU.
- (3) **For College Students:** Acupuncture and Moxibustion, Meridians and Acu-points, College English
- (4) **For Adult training:** Human Anatomy, Foundation Theories of Chinese Medicine, Diagnosis of Traditional Chinese Medicine,
- (5) **For Short-term foreign students** (From Greece, Israel, America, UK, France, Portugal, etc.) : Seminars on Acupuncture and Moxibustion; Acupuncture course for the students from the Portuguese-speaking countries supported by Medical Assistance Program of the Ministry of Health of China.
- (6) **For Public welfare training:** Preserve the health with meridian stimulation

2. Teaching experience in foreign countries

- (1) **07/2015 , New Zealand**, Auckland, New Zealand society of acupuncture and moxibustion, the NZIA conference on Pain Management with TCM, 2 topics: Abdominal Acupuncture; Acupuncture for Addiction.
- (2) **09/2012, Thailand**, Bangkok, Ministry of Public Health of Thailand, 1st Acupuncture Forum between China and Thailand, 5 topics: TCM Treatment of Diabetic Patients in Chengdu TCM Hospital; Acupuncture treatment in diabetic patients; TCM treatment of renal failure patients in Chengdu TCM hospital; Acupuncture treatment in renal failure patients; Acupuncture treatment in pre-renal failure patients
- (3) **10/2011, America**, Huston, American College of Acupuncture & Oriental Medicine, 2 topics: Decoding Abdominal Acupuncture (Turtle Acupuncture); The Addiction and Chinese Medicine
- (4) **05/2007, Portugal**, Lisbon, Dr. Pedro Choy College of Portugal , 18 days: The techniques of Acupuncture and Moxibustion; The Clinical Applications of Meridians and Acupoints; The Ancient Techniques of Needling and Their Clinical Applications

3. Supervision of research postgraduate students (44 graduates)

- (1) Supervised 11 Research Postgraduate Students and 16 Clinical Postgraduate Students in Chengdu University of TCM, sponsored and supervised 4 Ph.D. candidates.
- (2) Supervised 1 Mphil. and 16 part-time master students in HKU.

4. Training students for competitions

- (1) Trained the students on acupoint locating in Chengdu university of traditional Chinese medicine, and won the "single champion of acupoint locating " in the national college students acupuncture skill contest for three consecutive terms (2010, 2012 and 2014).
- (2) Trained the students on acupoint locating for selecting competitors in the school of traditional Chinese medicine of the University of Hong Kong. One of them won the "single champion of acupoint positioning" in the overseas students group of the national college students acupuncture skills contest in 2016.

5. Teaching management

- (1) Present: Co-ordinator for 4 Courses in School of Chinese Medicine, HKU: Foundation of Acupuncture (BCHM3603, from Sep,2016), Intensive Training on Clinical Acupuncture Techniques (BCHM3908, from May,2018), Foundation Theories of Chinese Medicine (BCHM1601, from Sep,2018); Stream Co-ordinator (Acupuncture & Moxibustion) of MChinMed Programme (from Aug, 2020), Course Co-codinator of MChinMed Programme (Stream: Acupunture & Moxibustion, from Aug, 2021), Co-codinator of Therapeutics on Acupuncture and Moxibustion (MCHM6104)
- (2) 07/2019-06/2021Medical Ethics and Professionalism in Chinese Medicine Practice (BCHM2607).
- (3) 12/2017-present, Co-ordinator of Hong Kong Chinese medicine practitioners qualification interview training for the school of Chinese medicine in HKU.
- (4) 08/2014-08/2016 Co-ordinators for 4 Courses in School of Chinese Medicine, HKU: Chinese Internal Medicine (BCHM3602), Introduction to Differential Diagnosis of Critical and Severe Diseases (BCHM9005) ; Chinese Internal Medicine (MCHM6400), Introduction of Chinese and Western Medicine in Emergencies and Serious Diseases (MCHM 6304) .
- (5) 9/2015-present, Year supervisor for the third-year or the fifth-year students at the school of Chinese medicine in HKU.
- (6) 2/2005-6/2014, Director of the Teaching and Research Office on Foundation of Acupuncture and Moxibustion in Chengdu University of Traditional Chinese Medicine for 9 years, won the title of "Excellent Teaching and Research Office" in the university twice.

HONORS AND AWARDS (17 items)

- 09/05 **Outstanding Young Teacher in College and University (Third Prize of Teaching Award)**, *Fund for Young Teachers of Colleges and Universities, Fok Ying Tung Education Foundation, Ministry of Education*
- 11/04 **Second Prize in Science and Technology Development of Sichuan Province**, *"The manufacture and clinical trial of "shenmoxibustion paste" for dysmenorrhea in cold coagulation and blood stasis type", Department of Science & Technology of Sichuan Province*
- 09/04 **Outstanding Yong Teacher**, *1,000, 000 college and university students "one specialty, mutiple abilities" activities in Chengdu city, Education Department of Chengdu, Sichuan,China*
- 10/08 **Candidate of Ten Most Excellent Teachers of Sichuan Province**, *Education Department of Sichuan*

- 11/09 **Favorite Undergrad Professor**, *University Student Union of Chengdu University of TCM*
- 10/12 **Special prize of the 8th education teaching achievement award**, *"Evidence-based research on the cultivation of professional talents of acupuncture and moxibustion promotion", Chengdu University of TCM (rank no.7)*
- 10/12 **Second prize 8th education teaching achievement award**, *"Construction of teaching materials and teaching modes for discussion course of acupuncture and moxibustion", Chengdu University of TCM (rank no.4)*
- 11/96 **Third Prize in Science and Technology Development of Chengdu City**, *"Clinical and mechanism study of auricular acupoint pressure pill in the treatment of hypertension", Department of Science & Technology of Chengdu City*
- 04/05 **Excellent Award for Teaching Plan and Lecture Notes**, *Chengdu University of TCM*
- 11/04 **The third place in the "Bilingual Teaching Competition"**, *Acupuncture and Tuina college in Chengdu University of TCM*
- 12/16 **Poster Award 2016**, *Systematic Review on Effectiveness of Acupuncture for Anxiety Disorder, International Scientific Acupuncture and Meridian Symposium 2016*
- 11/04 **Excellent Paper Award**, *"The influence of acupuncture on 90-symptom list factors in the late withdrawal stage in heroin addicts", Shanghai international symposium and exhibition on clinical and scientific research of acupuncture and moxibustion*
- 10/99 **Chinese medicine scholarship**, *International exchange center of ministry of health, Japan Chinese medicine research institute*
- 09/06 **First Prize of Doctoral and Expert Forum of Sichuan Province**, *"Effects of acupuncture on short-term memory of heroin addicts after detoxification", Science and Technology Association of Sichuan*
- 11/05 **Excellent Paper Award**, *"Effects of acupuncture on short-term memory and brain function in heroin addicts", Sichuan acupuncture and moxibustion Association annual conference and academic symposium.*
- 10/04 **Third Prize in Teacher's Taiji-quan Exercise**, *Chengdu University of TCM*
- 03/01 **Excellent doctoral dissertation in 2001**, *Education department of Sichuan Province*

PATENTS (3 items)

1. A wrist laser acupuncture instrument, Lin xianqi; **Wu Junmei**; Hou Yuefeng; Bin-bin; Pengcheng zhang; Fan Junming; Kang Zhan yu; Huo Xu Lin. Li Pengfei, Deng Hui, Fan yong, authorized unit: State Intellectual Property Bureau of the People's Republic of China, CN201410522360.8
2. A visual system of domestic health moxibustion and its application method, Ma M; Zhong Lan; **Wu Junmei**; Ma shouchun, authorized unit: State Intellectual Property Bureau of the People's Republic of China, CN201310548506.1
3. Moxibustion apparatus, Zhang Chengxu, **Wu Junmei**, utility model patent, authorized unit: State Intellectual Property Bureau of the People's Republic of China, CN200920311437.1

AWARD ON TEACHING ACTIVITIES AND INNOVATION (7 items)

- (1) 05/12-09/12 **PI**, Research on Examination Reform for *Acupuncture English*, Chengdu University of TCM
- (2) 01/11-12/12 **PI**, Edition for the innovate textbook *the fundamentals of Acupuncture*, Chengdu University of TCM
- (3) 06/09-06/14 **Co-I**, Construction on the National high quality courses *Acupuncture*, Ministry of Education
- (4) 01/09-12/09 **PI**, Research on Contents and Teaching Mode Reform for *Acupuncture English*, Chengdu University of TCM
- (5) 09/08-06/10 **Co-I**, Construction on the provincial high quality courses *Meridians and Acupoints*, Education Department of Sichuan Province.
- (6) 10/05-10/07 **PI**, The Exploration on Gradually Increased Bilingual Teaching Mode and Editing Innovated Textbook for Fundamentals of Acupuncture, Education Department of Sichuan Province.
- (7) 06/03-06/06 **Co-I**, Construction on the provincial high quality courses *Acupuncture*, Ministry of Education

RESEARCH AND SCHOLARSHIP

1. Publications

A. Books (11 out of 17)

1. Translator-in-Chief, 3rd Editor-in-Chief, TCM Case Studies: Pain Management (English Version), Beijing: People's Medical Publishing House, May, 2016, ISBN:9787117193368
2. Associate Editor-in-Chief, Research and clinical application on Acupuncture for drug addiction, Beijing: Beijing Science and Technology Press, September, 2015 (ISBN: 9787530477977)
3. Translator-in-Chief, 3rd Editor-in-Chief, TCM Case Studies: Pain Management (Chinese-English bilingual version), Beijing: People's Medical Publishing House, Dec, 2014 (ISBN: 978-7-117-19336-8/R,19337)
4. Editor-in-Chief, Fundamental of Acupuncture, China Press of Traditional Chinese Medicine, September, 2012 (ISBN 9787513210300)
5. Editor-in-Chief, Fundamental of Acupuncture, Chinese-English bilingual textbook for undergraduate majors of Acupuncture and English, Chengdu: Sichuan University Press, April, 2008 (ISBN 978-7-5614-4008-7/R.156)
6. Associate Editor-in-Chief, Acupuncture and Immunology, Beijing: People's Medical Publishing House, June, 2002 (ISBN 7-81060-236-5)

7. Editorial Board Member, Textbook in English for TCM Undergraduates, Traditional Chinese Medicine Basic Theory, Beijing: The World Book Publishing House, April, 2018. ISBN:9787519240837
8. Editorial Board Member, Meridians and Acupoints, nationwide textbook for Chinese medical colleges, supported by the “Eleventh Development Plan” of China, Shanghai: Shanghai Science and Technology Press, July, 2009, (ISBN 978-7-5323-9884-3)
9. Editorial Board Member, Technique training for locating the meridians and acupoints, nationwide textbook for Chinese medical colleges, supported by the “Eleventh Development Plan” of China, Beijing: China Press of Traditional Chinese Medicine, March, 2009 (ISBN 9787802316836)
10. Editorial Board Member, Modern Red Blood Cell Immunology, Shanghai: Second Military Medical University Press, January, 2002 (ISBN 7810602365)
11. Translator. Nutrition Secrets, Beijing: Ocean Press / Cowan (Hong Kong) Publishing Company Limited, May, 2001 (ISBN 9787502750466 / 75027504611)

B. Papers (64 out of 72)

12. Yat Kwan Wong, Jun Mei Wu, Guodong Zhou, Frank Zhu, Quan Zhang, Xin Jing Yang, Zongshi Qin, Ni Zhao, Haiyong Chen, Zhang-Jin Zhang. Antidepressant Monotherapy and Combination Therapy with Acupuncture in Depressed Patients: A Resting-State Functional Near-Infrared Spectroscopy (fNIRS) Study. Neurotherapeutics (SCI IF 7.62), 24 Aug, 2021
13. Yaowen Xing, Nini Rao, Mengmeng Miao, Quanchi Li, Qian Li, Xiaoyan Chen, Quan Zhang, Junmei Wu*, (2019) Task-state heart rate variability parameter based depression detection model and effect of therapy on the parameters, IEEE Access (SCI, IF 4.098, zone2), 2019 (7) : 105701-105709
14. CUI B, TANG YD, ZHOU JX, **WU JM**, LIU J, GONG CY, YANG L, YANG J. (2018) A meta-analysis of the effect of acupuncture combined with neck block on anesthesia effect, Journal of clinical anesthesiology, 2018, 34 (2) 159-162
15. LIU Xiaomin, LI Aidong, HU Jun, **WU Junmei***, (2017) The Clinical Research Status of Chinese and Western Medicine for Prehypertension, Clinical journal of traditional chinese medicine, 29 (2) : 158-160

16. LI Aidong, **WU Junmei***, HU Jun, LIU Xiaomin, WANG Yu, (2017) The ancient and modern literature study on the thirteen ghost points for mental diseases. *The Asia-Pacific Traditional Medicine*, 13(2):68-70
17. Tang yidan; Zhou Jian-xiong; Zhang Yanzi; **Wu Junmei**; Yang jing, (2017) Research overview on the treatment of postoperative cognitive dysfunction and postoperative delirium with traditional Chinese medicine injection, *journal of traditional Chinese medicine*, 2017,58 (7) : 614-616
18. Cheng Dawei, Shen Zhifu, **Wu Junmei**, Guo Xili, He Lingna, (2015) The Theoretic Discussion on He-che-lu Treating Diabetes in Spleen and Kidney Yang Deficiency TCM Pattern, *Lishizhen Medicine and Materia Medica Research*, 26 (4) : 949-950
19. Xie Xiaodong, Zhang Chengli, **Wu Junmei***, Wu Ping. (2014) Analysis on the “the disorder of the channel ” and “the indication of the points on the channel” through the theory of “Treatment starting on the skin is the better way to treating diseases”, *Journal of Jiangsu Chinese Medicine*, 46(2):14-15
20. Zhong L, Zhu YH, Gu J, **Wu JM**, Wu P, Li YP, Zeng F, Wang XJ. (2013) Exploratory research on teaching material and teaching mode for Acupuncture seminar, *Journal of Chengdu University of Traditional Chinese Medicine (Educational Science Edition)* 15(02) :12-13
21. Ma M, Zhong L, Ma SC, **Wu JM**. Design for Visualization System on Preventive Moxibustion, (2013) *Journal of Chengdu University of Traditional Chinese Medicine* 36(2): 117-120
22. Xie XD, **Wu JM***, Wu P, Zeng XQ, The Clinical Research Progress on Acupuncture treating Depressive Disorder at different specific locations. *Sichuan Journal of TCM*, 2013, (5): 48-150
23. **Junmei Wu***, Albert S Yeung, Rosa Schnyer, Yunfei Wang, David Mischoulon. (2012) Acupuncture for Depression: A Review of Clinical Applications. *The Canadian Journal of Psychiatry* 57(7):397-405
24. Cai C, Hong YD, **Wu JM***, The effect of electro-acupuncture with low frequency current on expressions of N-methyl-D-aspartate receptor subtypes NR1,NR2A,NR2B in hippocampus of heroin psychological dependent mice, *Chinese Journal of Rehabilitation Medicine* , 2012, 27(4): 324—329 (ISSN: 1001-1242)

25. Wei DY, **Wu JM**, Luo YF, Xue H. Effect on the Short memory and brain working ability of Acupuncture on the Addicts, Journal of Chengdu University of Journal of Chengdu University of Traditional Chinese Medicine, 2011, 33 (1) : 33-35
26. **Wu JM***, Xue H, Pu Y, Tang Y, Liu J, Zhou QZ, Wang ZL, Wei DY, Li ST. Effect of Subtypes of DA Receptors in Mesocerebrum Acting in Acupuncture Obstructing Provocation of Euphoria Memory, Journal of Chengdu University of Traditional Chinese Medicine, 2010, 33 (2) : 54-60
27. Xue H, Wu LJ, Song KY, Wu JM, Tang Y, Cai C. (2009) Features in circadian rhythm time phase in acupuncture treatment and prevention of heroin addiction. Journal of Nanjing University of Traditional Chinese Medicine 25 (6) : 430-433.
28. Yu LY and **Wu JM**. (2009) Research for preparation extraction of anti-anxiety granules. Journal of Chengdu University of Traditional Chinese Medicine 32(2): 78-79, 84.
29. Cai C, **Wu JM**, Xue H, Hong YD. (2008) The rules of acupoints selection of treating heroin dependence by acupuncture and moxibustion. Journal of Chengdu Medical College, 3(3):170-172,177
30. Cai C, **Wu JM**, Liu J, Ma J, Hong YD. (2008) Current research situation of electro-acupuncture treating heroin addiction , Journal of Sichuan of Traditional Chinese Medicine 26 (9): 45-47.
31. Cai C, **Wu JM**, Li FQ. (2008) Doctor-patient relationship in the view of Daoism, World Health Digest Medical Monthly 5 (5) : 315-316.
32. Liao J, Xu T, Wang S, **Wu JM**, Liao FZ. Effect of electro-acupuncture on Ca²⁺ concentration in hippocampus of heroin psychological dependent mice. (2008) Journal of Anhui College of Traditional Chinese Medicine 27 (4) : 24-27.
33. Chen HP, **Wu JM**, Li T. (2008) Effect of low frequency electro-acupuncture therapy on the concentrations of acetylcholine and dopamine in the hippocampus cells of heroin psychological dependent mice. Journal of Chengdu University of Traditional Chinese Medicine 31(2):29-32.
34. Li MY, Wei DY, **Wu JM**. (2007) Analysis on the interrelation between acupuncture-induced weight reduction and menstruation. Acupuncture Research (2): 142-144.
35. **Wu JM***, Pu Y, Xue H. (2006) Inhibitory effect of acupuncture acting on the provocation of heroin euphoria memory trace. Journal of Chengdu University of Traditional Chinese Medicine 29(4):27-29.

36. Chen J, Huang D, **Wu JM**. (2006) The advantage of acupuncture and moxibustion in treating difficult diseases. *International Journal of Clinical Acupuncture* 15(1):45-48.
37. **Wu JM***, Yu DY, Xue H, Luo YF, and Wei DY. (2005) Impact of acupuncture on brain working ability of heroin addicts. *International Journal of Clinical Acupuncture* (2):85-90.
38. **Wu JM***, Luo YF, Wei DY. (2005) The influence of acupuncture on 90-symptom list factors in the late withdrawal stage in heroin addicts. *Shanghai Journal of Acupuncture and Moxibustion*, 24 (8) : 4-7.
39. **Wu JM***, Luo YF, Wei DY. (2005) Effect of acupuncture on detoxification of heroin addicts at late stage. *Journal of Acupuncture and Tuina Science* 3(3):28-32.
40. Huang W, **Wu JM**, and Huang, D. (2005) The masterful experience of Dijun Huang (Section 1): The clinical application of a synthesized therapy consisting of kernel moxa cone, tapping and cupping. *International Journal of Clinical Acupuncture* (2):125-129.
41. Jiang Q, **Wu JM**, and Huang, D. (2005) The masterful experience of Dijun Huang (Section 2): The experience of treating childhood of external therapy. *International Journal of Clinical Acupuncture* 14(3):197-199.
42. Yu D, **Wu JM**, and Huang, D. (2005) The masterful experience of Dijun Huang (Section 3): Huang's therapy for treating rheumatoid arthritis 14(4):125-127.
43. Pu Y, Zhou QZ, Tang Y, Yu SG, **Wu JM**, Wei JL. (2005) Mechanism of 5-hydroxytryptamine on resisting-anxiety after withdrawal morphine of mice by acupuncture. *Journal of Chengdu University of Traditional Chinese Medicine* 28(1):33-38.
44. Lin H, Lu C, **Wu JM**, Li J. (2004) Literature research on treating pain syndromes with Neiguan(PC6). *Journal of Chengdu University of Traditional Chinese Medicine* 27(4):57-59.
45. Zhou QZ, Liu YX, Liu XG, Wei JL, Tang Y, **Wu JM**, Pu Y. (2004) Effects of acupuncture on content of cerebral norepinephrine and blood lactic acid of anxiety model of morphine withdrawal mice. *Chinese archives of Traditional Chinese Medicine* 22(1): 42-43.
46. **Wu JM***, Wei DY, Luo YF, Xiang XY. (2003) Clinic research on heroin de-addiction effects of acupuncture and its potentiality of preventing relapse. *Journal of Chinese Integrative Medicine* 1(4):268-272.
47. **Wu JM***, Xie LL, Zhou QZ, Pu Y, Tang Y, Yu SG. (The effect on the content of DA, NE in the brain of anxiety mice with acupuncture,) (2003) *Sichuan Journal of Traditional Chinese Medicine* 21 (7) : 18-20.

48. Lin H, Lu H, Li J, **Wu JM**, et al. (2003) Clinical research on shen-jiu-tie treating primary dysmenorrhea due to cold obstruction causing blood stasis. Journal of Chengdu University of TCM 26 (4) : 3-5.
49. Lin H, Zeng Y, **Wu JM**, Huang Z. (2003) Effect of shen-jiu-tie on uterine smooth muscle contraction of rats. Journal of Sichuan Traditional Chinese Medicine 21 (9) : 22.
50. Zhou QZ, Yu SG, **Wu JM**, et al. (2003) Influence of acupuncture on behavior and brain norepinephrine (NE) content of anxious model mice after morphine withdrawal. Journal of Chengdu University of TCM 26(1):40-42.
51. Wu JM*, Luo YF, Lin H, et al. (2002) Impact of acupuncture on work ability of the brain of the patients after heroin detoxification. Special issued journal of Traditional Chinese Medicine (12) : 17-20.
52. Wu JM*, Lin JH, Luo YF, Wei DY. (2002) Acupuncture ameliorating psycho-craving for heroin addict. Journal of Chengdu University of TCM 25 (3) : 21-23.
53. Wu JM*, Luo YF, Li J, et al. (2002) Clinical research on acupuncture reducing heroin de-addiction's withdrawal symptoms, Modern Medical Technology,2 (1) : 43-44.
54. Wu JM*, Lin JH. (2002) Clinical application of flash cupping and stasis therapy on the large area of the twelve skin regions to treat miscellaneous diseases difficult to cured. Journal of Clinical Acupuncture and Moxibustion 18(9):6-7.
55. Lin JH, Wu JM, Tao QL. (2002) Analysis on prevention and treatment of the psychological disorder and diseases from the view of basic theory of Traditional Chinese Medicine. Modern Medical Technology 2 (1) : 116-117.
56. Lin H, Huang Zu-li, Wu JM. (2002) The overview of clinical study on treating dysmenorrhea with the therapy of sticking Chinese medicine on acupoint. Special issued journal of Traditional Chinese Medicine (12) : 60-62.
57. Nie H, Shen YJ, Wu JM, Qin RA, Ren RX. (2002) Studies on analgesic and sedative effects and physical dependence of essential oil of radix angelicae dahuricae. Traditional Chinese Drug Research & Clinical Pharmacology 13(4):221-223.
58. Lin H, Li J, Wu JM, et al. (2002) Clinical observation of Shen-jiu-tie on 30 cases of dysmenorrhea. Chinese Journal of Integrated Clinical medicine 4 (4) : 82.
59. Wu P, Huang DJ, Cao Y, Wu JM. (2002) Effect of wheat moxibustion of Guanyan point on immune function and antitumor effect in mice with tumor, Chinese Journal of Clinical Rehabilitation, 6 (16) :2502-2503.

60. Nie H, Shen YJ, Zeng N, Wu JM. (2002) Mechanism of essential oil of Radix Angelicaedahuricae(EOAD) effect on neurotransmitter of pain model of rats. *Pharmacology and Clinics of Chinese Materia Medica* 18 (3) :11-14.
61. Qie MR, Zhang YH, Wu JM. (2002) Study on the relationship between cervical cancer and p53 Codon 72 polymorphism. *Journal of West China University of Medical Study*, 33 (2): 274-275.
62. Luo YF, Wu JM*. Yu SG, Dong W. (2001) Effects of acupuncture on the activity of IL-2 in the blood of heroin addicts. *Journal of Sichuan Traditional Chinese Medicine* 19 (9) : 13-14.
63. Wu P, Cao Y, Wu JM. (2001) Effects of moxa-xone moxibustion at Guanyuan on erythrocytic immunity and its regulative function in tumor-bearing mice. *Journal of Traditional Chinese Medicine* 21(1): 67-71.
64. Wu JM*, Wei DY, Huang DJ, Zhang YH. (2000) Effect of moxibustion on the immunoprotection to the leptospira outer membrane protein of 39 KDa. *Journal of Chengdu University of Traditional Chinese Medicine* 23(1): 42-43.
65. Luo YF, Wu JM*, Hu XQ, Cang XC. (2000) Detection sensitive points on the ear acupoint of Heroin addicts in withdrawal stage, *Journal of Chengdu University of Traditional Chinese Medicine* 23(2):14, 16.
66. Wu JM*, Wei DY, Huang DJ, Zhang YH. (1999) Effect of Moxibustion on Expression of Oblongatal c-fos of Leptospira Infection Guinea pigs, *Journal of Chengdu University of Traditional Chinese Medicine* 22(2):37-40.
67. Zhang YH, Sha ZH, Li J, Wu JM. (1999) Changes of the expression of the c- fos of the bulb of guinea pigs in the immune response of OmpL 39 from leptospira. *Chinese Journal of Pathophysiology* 15(2):113-115.
68. Zhang YH, Liu JF, Cao Y, Wu JM. (1999) Effect of the 39 kD hydrophobic outer membrane protein of Leptospira interrogans on the immunity function of the guinea pigs. *Chinese Journal of Microbiology and Immunology* 19(2):113-116.
69. Wu P, Cao Y, Wu JM. (1998) Effect of moxibusted Guanyuan acupoint on erythrocytoimmunity and immunoregulatory function of tumor-bearing mice. *Journal of Chengdu University of Traditional Chinese Medicine*,;21 (3) : 42-44.

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71. Zhang YH, Qu Y, Tang Y, Wu JM. (1998) The study of chromommedical moxibustion on regulation neurotransmitter in the plasma of guinea pigs during immune response with treatment in different times. *West China Medical Journal* 13(3):318-319.
72. Zhang YH, Li Jun, Wu JM. (1998) Changes of the expression of the C-fos of the bulb of guinea pigs during immune response of OmpL 39 from leptospira. *West China Medical Journal* 13(2):166-168.
73. Zhang YH, Chen J, Wu JM, (1998) Effect of ompL39 genetic vaccin of leptospira during immune response on regulating the 5-HT, DA, NE, 5-HIAA in the plasma of guinea pigs. *West China Medical Journal* 13(1):45-47.
74. Wu JM*, Wei DY. (1997) Analysis on two-way nature of acupuncture and the two-way regulating effect of acupuncture, *Journal of Jiangxi College of Traditional Chinese Medicine*. 9(3) supplement: 8-9.
75. Zhang YH, Liu JF, Wu JM, et al. (1997) Analysis and identification on protective antigen of leptospira outer membrane protein. *West China Medical Journal* 12(4):445-446.
76. Zhang YH, Liu JF, Wu JM. (1997) Study on purification, separation, and immune protection of lai leptospira outer membrane protein antigen ompL39. *Chinese Science Abstracts (Science Express)* 3(1):112-114.
77. Wu JM*, Huang DJ. (1996) Research overview on acupuncture regulating IL2-IFN-NKC immune network. *Journal of Chinese Acupuncture* (6):54-57
* As correspondence

2. Selecting Research Grands (17/28)

1. 01/14-12/14 Role: **PI** “The Research on the neural network reconstructing mechanism underlying acupuncture and moxibustion treating major depressive disorder”, National Natural Science Foundation of China (Grant No. 81373736)
2. 06/15-06/16 **PI**, “Activation on Left Dorsolateral Prefrontal Cortex LDPC with Different Acupoint-Combinations for depression: An fNIRS Study” Seed Funding Programme for Basic Research, University Research Committee in The University of Hong Kong
3. 01/15-12/17 Co-Investigator, “The research on host metabolism -gut microbes Cross - talk mechanism for hypertension treatment with acupuncture points along the diseased

- meridians”. National Natural Science Foundation of China (Grant No. 81403482)
4. 05/13-05/16 **PI**, “Manufacture wrist laser acupuncture instrument and its effect on artery disorder in diabetes patients”, Important foster projects of Sichuan Provincial Education Department (Grant No. 13CZ0034)
 5. 10/08-10/10 **PI**, “Effect of electro-acupuncture on the signal passageway of hypo-receptor in hippocampus of the mice with euphoria memory of heroin”, Scientific Research Fund of Sichuan Provincial Education Department (Grant No. 07ZA020)
 6. 10/08-10/09 Co-Investigator, “Electro-acupuncture combined with psychological intervention effecting on neurotransmitter in the serum of internet addiction disorder (IAD) patients through observation of ET”, Scientific Research Fund of Sichuan Provincial Education Department (Grant No. 07ZB020)
 7. 08/07-08/09 Co-Investigator “Research on clinical plan of electro-acupuncture combined with psychological intervention IAD”, National Traditional Chinese Medicine Managing Bureau (Grant No. 06-07LQ04)
 8. 09/06-09/08, **PI**“Electro-acupuncture with low frequency effect on the euphoria memory trace of heroin through inducing the long-term depression”, Science Found of Sichuan Province for Distinguished Young Scholars (Grant No. 06ZQ026-052)
 9. 10/05-10/07, Co-Investigator “Effects of Acupuncture on the neurophysiological phase characteristics of heroin addiction”, Research Foundation of Education Bureau of Sichuan Province (Grant No. 2005B005)
 10. 01/04 — 12/06 **PI**, “The research on passageway of signal conduction related to Acupuncture effecting memory trace of heroin euphoria in the hippocampus of mice” , National Natural Science Foundation of China (Grant No. 30300460)
 11. 06/04-06/05,Co-Investigator “The 5-HT receptor mechanism underlying electro-acupuncture treating anxiety after morphine withdrawal” , Traditional Chinese Medicine Managing Bureau of Sichuan Province (Grant No. 2004A20) and Education Bureau of Sichuan Province (Grant No. 2003C010)
 12. 06/02-06/04 **PI** “Clinical effect of treating rheumatoid arthritis by warm-penetrating volatile oil of argy wormwood leaf at acupoints”, Traditional Chinese Medicine Managing Bureau of Sichuan Province (Grant No. 2002-62)
 13. 10/02-10/05 **PI** “The central dopamine mechanism underlying acupuncture inhibiting the provocation of heroin euphoria memory trace”, Education Bureau of Sichuan Province (Grant No. 2002C06)

14. 01/01-12/03 Co-Investigator “Neurobiological mechanisms of acupuncture on anti-anxiety of mice after morphine withdrawal”, Traditional Chinese Medicine Managing Bureau of Sichuan Province (Grant No. 2000-48)
15. 01/09-12/11 Co-Investigator “Effect of acupuncture on phase adjusted for the MTV-TGF α transgenic mice and the output molecular mechanism of acupuncture on SCN animals”, National Natural Science Foundation of China (Grant No. 30873297)
16. 09/08-09/12 Co-Investigator “Research on the mechanism of moxibustion effects”, National Key Basic Research Program (973 Program) (Grant No. 2009CB522900)
17. 01/01 – 12/03 Co-Investigator, “Research on acupuncture control the sensitivity of rheumatoid arthritis susceptibility gene and related expression”, National Natural Science Foundation of China, (Grant No. 30171181)

3. Research Area

The efficacy and mechanism of treat psychosomatic diseases, regulate immune function and relieve pain with acupuncture and Chinese herb.

CLINICAL EXPERIENCE

26 years clinical experience on Acupuncture & Traditional Chinese Medicine.

Mainly applied acupuncture and herbs on treating pain syndrome, some psychosomatic diseases, drug dependence, beauty care and support for cancer patients.

吳俊梅博士

香港大學中醫藥學院高級講師



聯絡方法

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學歷

2011.03 -2012.03 公派訪問學者，美國哈佛醫學院麻省總醫院精神科

1997.09-2000.07 醫學博士學位，成都中醫藥大學針灸專業

1994.09-1997.07 醫學碩士學位，成都中醫藥大學針灸專業

1989.09 -1994.07 醫學學士學位，成都中醫學院針灸專業

專業資格證書

10/15 香港註冊中醫師資格證書(No. 007520)，香港中醫藥管理委員會頒發

01/15 美國針灸師資格證書(No. 151589)，美國國家針灸和東方醫學認證委員會
(NCCAOM) 頒發

12/04 中醫師資格證書(No. 200451141510222700513352)及中醫師執業證書
(No. 141510107001127)，中國衛生部四川省衛生廳頒發

04/03 中國高等教育教師資格證，(No. 20015100171007034)
中國教育部四川省教育廳頒發

08/02 英語口語培訓合格證書，國際醫療服務機構 (MSI) 頒發

08/00 普通話等級測試證書：一級乙等(No. 4120655)，國家語言文字工作委員會
四川省語委頒發

教學培訓

1. 2011-2014 年，參加美國“潔針技術”培訓及課程學習，獲得美國國家針灸和东方医学认证委员会 (NCCAOM) 頒發的美國針灸師資格證。
2. 2004 年 7 月，參加“医学教学方法”培訓，获得教育部人事司和高等教育司联合颁发的《高等学校青年骨干教师高级研修班培训证书》。

3. 2003年3月 參加四川省高等院校新評**高級職務教師**任職上崗培訓（10學時）。
4. 2002年7-8月，獲得第二屆“國際醫療服務機構（MSI）”**英語口語培訓**合格證書，主題“教師英語課程教學”。
5. 2000年7月 四川省高校師資培訓中心大學教師崗前培訓2周，主修《大學教學理論與方法》、《教育心理學》等課程，獲“**優秀學員**”稱號、“**普通話一級乙等證書**”、“**高校教師資格證書**”。

職務

- 2018.8.10-至今 **講師**，香港大學中醫藥學院
- 2014.8.10 -2018.8.9 **助理教授**，香港大學中醫藥學院
- 2016.3-至今 **香港註冊中醫師** 香港中醫藥管理委員會（編號：0007520），
香港港怡醫院、香港大學中環臨床教研中心、沙宣道中醫專科教研中心
- 2015.3-2017.3 **副顧問醫生**，香港大學深圳醫院
- 2011.03 -2012.03 **訪問學者**，美國哈佛醫學院麻省總醫院精神科
- 2007.12.01-2014.8.9 **教授** 成都中醫藥大學針灸推拿學院
- 2005年3月-2014年6月，**針灸基礎教研室主任** 成都中醫藥大學針灸推拿學院
- 2002.12.1-2007.11.30 **副教授** 成都中醫藥大學針灸推拿學院
- 2006年4月，獲得三年制**碩士導師**資格，迄今培養並已畢業碩士生25名。
- 2005年3月，評為四川省中醫藥學術和技術帶頭人後備人選
- 2003年6月，聘為本校七年制研究生導師。
- 2000.7.3-2002.11.30 **講師** 成都中醫藥大學針灸推拿學院

社會學術團體工作

- 2003年7月至今 **同行評議專家**，國家自然科學基金
- 2019年5月 **同行評議專家**，國家教育部高等教育霍英東基金會
- 2017年3月至今 **會員**，香港註冊中醫師學會
- 2013年12月至今 **專委會委員**，中國針灸學會腧穴及耳穴專業委員會
- 2000年10月至今 **會員**，中國針灸學會，
- 2013年-2019年 **理事**，成都市中醫學會
- 2004年-2014年 **專委會秘書**，中國針灸學會四川臨床專委會

專利 (3 項)

1. 一種腕式鐳射針灸儀，林先其；吳俊梅；侯嶽峰；呂彬彬；張鵬程；範俊銘；康湛毓；火旭琳；李鵬飛；鄧輝；樊勇，授權單位：中華人民共和國國家智慧財產權局，CN201410522360.8
2. 一種家庭保健灸視覺化系統及其使用方法，馬蕾；鐘蘭；吳俊梅；馬壽椿，授權單位：中華人民共和國國家智慧財產權局，CN201310548506.1
3. 灸器，張成旭，吳俊梅，實用新型專利，授權單位：中華人民共和國國家智慧財產權局，CN200920311437.1

獲獎 (17 項)

1. 國家教育部霍英東教育基金會第十屆高等院校優秀青年教師獎（教學類三等獎，2005 年）。
2. 四川省科技進步二等獎，“神灸貼”製備及治療痛經寒凝血瘀型的臨床研究(林紅、胡昌江、曾勇、陸華、吳俊梅、李靜、黃祖莉)，2004 年。
3. 成都市“優秀青年教師”，成都市十萬大中學生“一專多能”成才活動，成都市教育局，2004 年。
4. 四川省普通高等學校“十佳青年教師提名獎”，中共四川省委宣傳部、四川省教育廳、共青團四川省委、四川省學生聯合會共同授予，2008 年。
5. “最受學生喜愛的老師”，成都中醫院大學學生會評選，成都中醫院大學授予，2009 年。
6. “教育教學成果特等獎（排名第 7）”，針灸推拿專業能力型人才培養的循證研究，成都中醫藥大學，2012 年 10 月。
7. “教育教學成果二等獎（排名第 4）”，《針灸學》討論課教材和教學模式的建設，成都中醫藥大學，2012 年 10 月
8. 成都市科技成果三等獎（排名第 5），“耳穴壓丸治療高血壓的臨床及機理研究”，1996 年
9. “教案講稿展示優秀獎”，成都中醫藥大學，2005 年。
10. “針推院雙語教學觀摩大賽”第 3 名，2004 年 11 月
11. 優秀海報演講獎，“針灸治療焦慮症療效的系統評價”，2016 國際針灸經絡研討會（isam），2016 年 12 月
12. 優秀論文獎，《針刺對海洛因依賴者脫毒末期 90 項症狀清單各因數的影響》，“上海國際針灸臨床與科研學術研討暨展覽會”，2004 年
13. 日本中醫藥研究會中醫藥學獎學金，衛生部國際交流中心，1999 年
14. 四川省博士專家論壇一等獎，《針刺對海洛因依賴者脫毒後短時記憶力的影響》獲

得 2006 (四川省科學技術協會), 2006 年 9 月

15. 優秀論文獎,《針刺對海洛因依賴者短期記憶力和大腦工作能力的影響》“2005 年四川省針灸學會年會暨學術交流會”
16. 省優秀博士學位論文, 四川省教育廳, 2001 年
17. 教師太極拳比賽集體三等獎, 成都中醫藥大學, 2004 年

教學研究項目 (7 項)

1. 2012.5-2012.9 校 2012 年教改項目:《針灸英語》考試改革, PI 負責人
2. 2011.1-2012.12 校 2011 年教改項目:創新教材《針灸學基礎》編寫, PI 負責人, 編號: JGYB201002
3. 2009-2014 國家級精品課程《針灸學》建設, 國家教育部, 第八主講
4. 2009.1-2009.12 校 2008 年教改項目:《針灸英語》課程內容及教學模式研究, PI 負責人, 編號: JGYB200829
5. 2008.9-2010.6 省級精品課程《經絡腧穴學》(第四主講) 四川省教育廳, 編號: 2008-92
6. 2005.10-2007.10, 省教育廳“2005 年四川省教育廳高等教育教學改革工程人才培養品質和教學改革項目”:《針灸學基礎》漸進式雙語教學模式探索及其創新教材編寫, PI 負責人, 專案編號: 7
7. 2003-2006, 四川省精品課程《針灸學》建設, 四川省教育廳, 第七主研

教學經驗 (大學教齡 21 年)

1. 教學對象及曾經承擔的課程

- (1) 本科生: 針灸學、經絡腧穴學、經絡腧穴定位培訓、針灸英語; 針灸基礎學、針灸治療學、中醫基礎學、中醫診斷學、內經; 醫學倫理及中醫專業操守、中醫內科學、急重症鑑別診斷概述。
- (2) 碩、博士研究生: 針灸學專論、針灸學專題; 針灸治療學、針灸專題講座、中醫科研思路與方法、中醫經典原著研究、中醫婦科臨床診療學、中醫腫瘤學; 與針灸相關的現代醫學、實驗針灸學、中醫內科學、中醫內科學研究進展專題講座、急重症中西醫概述。
- (3) 專科生: 針灸學、經絡腧穴學、大學英語
- (4) 成人培訓班: 人體解剖學、中醫基礎學、中醫診斷學、針灸學
- (5) 短期外國留學生: (希臘、以色列、美國、英國、法國、葡萄牙) 針灸專題講座
- (6) 公益培訓班: 創建《經絡養生》課程 (成都市文化館)

2. 對外教學經歷

- (1) 2015年7月 受新西蘭針灸學會邀請 英文講授2個專題：成癮症的中医針灸治療、腹針療法。
- (2) 2012年9月 泰國 泰國衛生部主辦，中泰第一屆針灸論壇 公派主講專家（英文講授5個專題：中醫治療腎功衰、針灸治療腎功衰、針灸治療腎前性腎衰；針灸治療糖尿病、中醫治療糖尿病）
- (3) 2011年10月 美國 華美中醫學院註冊針灸師繼續教育講座 受邀主講教師（英文講授2個專題：成癮症的中医針灸治療、腹針療法）
- (4) 2007年8月 成都 國家衛生部醫療援助項目：葡萄牙語國家來華針灸培訓班，受邀講授《針灸學》28學時。
- (5) 2007年5月3-21日，公派至葡萄牙成都中醫藥大學寶德分校英語講授《針灸學》專題講座，包括古代針法、經絡理論的臨床應用及針灸基本技能培訓等。

3. 培養研究生

- (1) 在成都中醫藥大學招收碩士研究生27名（均已畢業），資助並指導4名博士生完成畢業課題。
- (2) 在港大中醫藥學院招收Mphil一名（已畢業），指導兼讀制master20名（已畢業17名）。

4. 培訓學生參賽

- (1) 在成都中醫藥大學培訓學生腧穴定位，連續三屆獲得全國高校學生針灸技能大“腧穴定位單項冠軍”（2010、2012、2014年）；
- (2) 2016年在港大中醫藥學院負責培訓學生選拔前腧穴定位，其中一位學生獲得全國高校學生針灸技能大賽留學生組“腧穴定位單項冠軍”。

5. 教學管理

- (1) 港大中醫藥學院課程統籌：現任本科《中醫基礎學》、《針灸基礎學》、《針灸技能強化》統籌，現任課程型中醫碩士（針灸方向）項目統籌及課程統籌、碩士課程《針灸治療學》統籌、香港中醫師執業試培訓統籌；曾任本科《醫學倫理及中醫專業操守》、《中醫內科學》、《急重症鑑別診斷概述》、兼讀制碩士生《急重症中西醫概述》統籌。
- (2) 曾先後擔任港大中醫藥學院三年級、五年級班主任。
- (3) 2017年秋季開始擔任“港大中醫藥學院香港中醫師執業資格試面試培訓”統籌，開

展實習期間複習方法介紹、返港后考試培訓、專科模擬口試培訓、綜合模擬口試培訓及校友口試輔導。

(4)2005年2月-2014年6月擔任成都中醫藥大學針灸基礎教研室主任9年，其間兩次獲得全校“優秀教研室”稱號。

科研項目 (28項)

1. 2016.1-2019.12 國家自然科學基金面上項目，基於鏡像神經系統的電針淡化病理性網路使用患者網路渴求的中樞機制研究，項目批准號：81574047，Co-I，經費49萬
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研究興趣

針灸及中藥治療心身疾病、成癮癥、免疫性疾病、痛症的臨床療效及作用機制研究。

臨床經驗

26年中醫針灸臨床經驗，主要應用針灸及中藥治療痛症、心身疾病、藥物成癮、免疫性疾病，以及用針灸幫助患者美容塑身及腫瘤治療的增效減毒。