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CONTACT INFORMATION

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ACADEMIC QUALIFICATIONS

2021.4-Present: Professional Diploma in Holistic Cancer Care for Chinese Medicine
Practitioners, Integrative Medicine Centre, Faculty of Medicine, CUHK

2021.4-2021.7: Geriatrics Certificate, HKAIM

2013-2016: PhD School of Chinese Medicine, The University of Hong Kong

2011-2013: MPhil School of Chinese Medicine, The University of Hong Kong

2006-2011: Bachelor School of Chinese Medicine, The University of Hong Kong

PROFESSIONAL QUALIFICATION

Registered Chinese Medicine Practitioner of Hong Kong (No.006579) (2011)

POSITIONS HELD

01.2021-present	Assistant Lecturer School of Chinese Medicine, The University of Hong Kong
11.2019-12.2020	Teaching Assistant School of Chinese Medicine, The University of Hong Kong
2017-2019	Honorary Chinese Medicine Practitioner Queen Mary Hospital, The Hospital Authority of Hong Kong
2017-2019	Honorary Chinese Medicine Practitioner Kwong Wah Hospital, The Hospital Authority of Hong Kong

05.2017-11.2019	Post-doctoral Fellow School of Chinese Medicine, The University of Hong Kong
11.2016-05.2017	Research Assistant I School of Chinese Medicine, The University of Hong Kong
09.2013-10.2013	Research Assistant II School of Chinese Medicine, The University of Hong Kong

Others:

1. Council member: Specialty Committee of Gerontology of World Federation of Chinese Medicine Societies (2015-2019)
2. Council member: Hong Kong Association of Traditional Chinese Medicine
3. Council member: Hong Kong Registered Chinese Medicine Practitioners Association, Youth Committee

RESEARCH INTEREST

1. Ancient literatures research for Traditional Chinese Medicine.
2. Clinical research of Tian Jiu therapy for asthma.
3. Clinical research of acupuncture comprehensive therapy for common orthopedic pain syndromes.
4. Clinical research of acupressure therapy for frail elderly.
5. Clinical research of acupressure and acupuncture therapy for children suffered from Autistic Spectrum Disorder (ASD) and attention deficit hyperactivity disorder (ADHD).
6. Clinical research of TCM therapy for treating mental disease (depression, panic disorder, anxiety).
7. Integrated Traditional Chinese and Western Medicine for treating cancer.

PUBLICATIONS

Books

1. **Lo Kwaiching**, Li Lei, Li Jie. *Strange Prescription Book & Longevity Book* (Traditional Chinese version) [M]. 296 Pages. Wuhan: Hubei Science & Technology Publishing House, 2020.
2. Li Lei, Clara W. C. Chan, **Lo Kwaiching**, et al. *Handbook of Paediatric Tuina for Easier Bowel Movement* (Traditional Chinese version) [M]. 81 Pages. Hong Kong: Yan Chai Hospital Social Services Department & School of Chinese Medicine of HKU. 2019.
3. Li Lei, Clara W. C. Chan, **Lo Kwaiching**, et al. *Handbook of Comfy Acupressure for the Elderly* (Traditional Chinese version) [M]. 90 Pages. Hong Kong: Yan Chai Hospital Social Services Department & School of Chinese Medicine of HKU. 2016.
4. **Lo Kwaiching**, Li Lei. *Tao of Changes and Tao of Medicine* (Traditional Chinese version) [M]. 353 Pages. Hong Kong: Linlan Chinese Medicine Culture Co. Ltd. 2016.

Journal Papers

1. He Yanhua, **Lo Kwaiching**, Li Lei. Literature analysis on prescribing rules in the application of scalp acupuncture for pediatric cerebral palsy [J]. Hong Kong Chinese Medicine Journal, 2021, 16(2): 91-94.
2. **Lo Kwaiching**, Li Lei. Brief Analysis of Tianjiu Therapy in Sanfu Days [J]. Hong Kong Chinese Medicine Journal, 2020, 2: 90-92.
3. Liu Chien Pang, Chang Ya Ching, **Lo Kwai Ching**, Li Lei*. Clinical Study of Infantile Massage Combined with Acupuncture for Autism [J]. New Chinese Medicine, 2017, 49(8):122-125.

4. Wong Yiulin, **Lo Kwaiching**, Li Lei. Clinical Research Progress of Acupuncture and Moxibustion Therapy in the Treatment of Rheumatoid Arthritis[J]. *Global Traditional Chinese Medicine*, 2017,10(7): 893-898.
5. Yangyang Tan, **Kwaiching Lo**, Waiho Tse, Clara Waichung Chan, Kimshing Lau, Stacey S. Cherny, Lixing Lao, Lei Li*. Three Courses of Tianjiu Therapy in Sanfu Days for Chronic Asthma: A Clinic Efficacy Observation Trail [J]. *Chinese Medicine*, 2017, 8: 43-71.
<http://www.scirp.org/journal/cm>
6. Clara W. C. Chan, Pui Hing Chau, Angela Y. M. Leung, **Kwai Ching Lo**, Huafeng Sh, Tin Pui Yum⁵, Yeuk Yiu Lee, Lei Li*. Acupressure for Frail Older People in Community Dwellings—a Randomised Controlled Trial [J]. *Age and Ageing*, 2017; 0: 1–8. doi: 10.1093/ageing/afx050
<https://doi.org/10.1093/ageing/afx050>
7. **Lo Kwaiching**, Li Lei. The Thought of Unity of Nature and Human Being in Meridian Theories. *Forum on Traditional Chinese Medicine*, 2017, 32(1):10-11.
8. **Lo Kwaiching**, Li Lei. The Influence of the Thought of Changes in Zhouyi on Chinese Medicine Theories[J]. *Chinese Culture*, 2016, 4(4): 56-59.
9. **Lo Kwaiching**, Li Lei. The Harmonious view of Traditional Chinese Medicine Theories [J]. *Traditional Chinese Medicine*, 2016, 5(4): 137-140.
10. Wong Yiulin, **Lo Kwaiching**, Li Lei. Clinical Research Progress of Acupuncture Therapy Applied to Dementia[J]. *Guangming Journal of Chinese Medicine*, 2016, 31(20): 3055-3058.
11. **Lo Kwaiching**, Li Lei. The Thinking Mode of Zhouyi Philosophy in Five Evolutive Phases and Six Climatic Factors [J]. *Chinese Culture*, 2016, 4(3): 27-32.
12. Wong Yiulin, **Lo Kwaiching**, Li Lei. Clinical Research Progress of Acupuncture Therapy Applied to Flexor Tendon Tenosynovitis[J]. *Guangming Journal of Chinese Medicine*, 2016, 31(14): 2136-2139.
13. Wong Yiulin, **Lo Kwaiching**, Li Lei. Clinical Research Progress of Acupuncture Therapy Applied to Primary Dysmenorrhea [J]. *Global Traditional Chinese Medicine*, 2016, 9(5):631-635.
14. Li-Bing Zhu, Wei Zhang, Vivian Wong, Ziea Eric, Li-Xing Lao, **Kwai-Ching Lo**, Wai-Chung Chan, To Yau and Lei Li*. Randomized trial of acupoints herbal patching in Sanfu Days for asthma in clinical remission stage [J]. *Clinical and Translational Medicine*.2016, 5:5. DOI: 10.1186/s40169-016-0084-7 (<http://www.clintransmed.com/content/5/1/5>)
15. **Lo Kwaiching**, Li Lei. The Influence of the Holistic view in "The Book of Changes" on Traditional Chinese Medicine Theories. *Forum on Traditional Chinese Medicine*, 2016, 31(2):60-61.
16. **Lo Kwaiching**, Li Lei. The Thinking Mode of ZhouYi Study in Traditional Time-varied Acupuncture [J]. *Journal of Traditional Chinese Medicinal Literature*, 2016, 34(1):1-4.
17. LI Lei, Clara W C Chan, **Kwai Ching LO**. Differential Insertion Depths of Filiform Needle: Concept and Application[J]. *Chinese Medicine*, 2015, 6, 196-203.
18. Zhu Libing, **Lo Kwaiching**, LI Lei, et al. Review of Clinical Research for Tian Jiu Therapy on Asthma[J]. *China Journal of Chinese Medicine*, 2015, 30(6):34-37.
19. Clara W C CHAN, Sau Chun LEE, **Kwai Ching LO**, Hei Kiu WONG, Lei LI*. Tian Jiu Therapy for the Treatment of Asthma in Adult Patients: A Meta-Analysis [J]. *The Journal of Alternative and Complementary Medicine*, Volume 21, Number 4, 2015, pp. 200–207. Mary Ann Liebert, Inc. DOI: 10.1089/acm.2014.0009.
20. LiBing Zhu, Wei Zhang, Vivian Wong, Ziea Eric, **KwaiChing Lo**, WaiChung Chan, To Yau, Lei Li*. Two Years versus One Year of Tianjiu Therapy in Sanfu Days for Chronic Asthma: A Clinical Efficacy Observation Trial[J]. *Evidence-Based Complementary and Alternative Medicine*, vol. 2014, Article ID 807598, 9 pages, 2014. doi:10.1155/2014/807598.

21. Zhu Libing, **Lo Kwaiching**, LI Lei. The Analysis of Factors Influencing Tian Jiu Therapy on Asthma[J]. Guangming Journal of Chinese Medicine, 2014, 29(8):1794-1796.
22. Libing Zhu, WaiChung Chan, **Kwai Ching Lo**, Tin Pui Yum, Lei Li*. Wrist-Ankle Acupuncture for the Treatment of Pain Symptoms: A systematic Review and Meta-analysis[J]. Evidence-Based Complementary and Alternative Medicine, 2014. Volume 2014 (2014), Article ID 261709, 9 pages. <http://dx.doi.org/10.1155/2014/261709>
23. **Lo Kwaiching**, LI Lei. Dyndrome Differentiation of Six Channels Theory with Dyndrome Differentiation of Three-Yin and Three-Yang Theory[J]. Guangming Journal of Chinese Medicine, 2014, 29(5):915-917.
24. Li Lei, Ching Wo Tung, **Kwai Ching Lo**. The Origin of Meridians[J]. Chinese Medicine, 2014, (5):71-74.
25. **Lo Kwai ching**, Li Lei. Tao of Changes and Tao of Medicine-The Influence of the Philosophy of "Concept of Time and Space" in Zhou Yi on the Theories Development of Chinese Medicine[J]. Journal Beijing University of Chemical Technology (Social Sciences Edition), 2014, 85(1):58-63.
26. **Lo Kwaiching**, Li Lei. Discussing the Thinking of Yi-ology on the Burn and Plain Cool Methods in Acupuncture Manipulation [J]. Hong Kong Chinese Medicine Journal, 2014, 9(1):69-70.
27. Zhu Libing, **Lo Kwaiching**, LI Lei, et al. The clinical research progress of Tian Jiu Therapy for Infantile Bronchial Asthma [J]. Hunan Journal of Traditional Chinese Medicine, 2013,29(12):159-160.
28. **Lo Kwaiching**, Li Lei. Visceral Manifestation Theory and Concept of Natural Law [J]. Henan Traditional Chinese Medicine, 2013,33(11):1836-1837.
29. Liu Jianbang, Lo Kwaiching, Li Lei. Clinical Research Progress of Pediatric Massage Therapy Applied to Infantile Constipation [J]. Chinese Manipulation & Rehabilitation Medicine, 2013,4(9):54-48.
30. **Lo Kwaiching**, Li Lei. A Study of the Ministerial Fire [J]. Forum on Traditional Chinese Medicine, 2013, 28(6): 11~12.
31. **Lo Kwaiching**, Li Lei. Effect of Circulation Idea in Zhou Yi for Meridian Qi and Blood Movement Theory [J]. Journal of Traditional Chinese Medicinal Literature, 2013, 31(3):27-28.
32. **Lo Kwaiching**, Li Lei. The Clinical Research Progress of Traditional Time-acupuncture for Treatment of Pain Syndrome [J]. Contemporary Medicine, 2013, 26(5): 625~626.
33. **Lo Kwaiching**, Li Lei. The Progress of Experimental Study on Acupuncture at Zusanli Acupoint Rhythm Effect [J]. Medical Information, 2013,26(5):668-669.
34. Shi Huafeng, **Lo Kwaiching**, Li Lei. Clinical Research Progress of Thumbtack Type Needle Therapy Applied to Pain Disorder [J]. Hunan Journal of Traditional Chinese Medicine, 2013,29(5):148-149.
35. **Lo Kwaiching**, Li Lei. Humble Treatise on "Skill of the book of Changes and Physician's Skill [J]. Forum on Traditional Chinese Medicine, 2013, 28(2):49-50.
36. **Lo Kwaiching**, Li Lei. Theory Origin of Six Meridian Syndrome Differentiation System in Treatise on Cold Damage Diseases and Philosophy Thought of Book of Changes [J]. Henan Traditional Chinese Medicine, 2013, 33(1): 4-6.
37. Li Xiuzhen, **Lo Kwaiching**, Li Lei. The Clinical Research Progress in Treating Gastrosis with Na-jia Method, Na-zi Method and the Eight Techniques of Magicturtle[J]. Medical Information, 2013,26(1):323-324.

38. **Lo Kwaiching**, Li Lei. The Clinical Research Progress of Acupuncture Treatment on Stroke by Midnight-noon Ebb-flow Methods [J]. Guangming Journal of Chinese Medicine, 2013,28(1):221-223. (In Chinese)
39. Zhang Wendi, **Lo Kwaiching**, Li Lei. The Clinical Research Progress on Na-zi Method of Midnight-noon Ebb-flow [J]. Medicine forefront, 2012,2(24):342-344.
40. **Lo Kwaiching**, Li Lei. The Superficial Knowledge of Hong Kong's Traditional Herbal Tea Culture [J]. Hong Kong Chinese Medicine Journal, 2012, 7(4):53-54.
41. **Lo Kwaiching**, Li Lei. Cultural Meaning of “Eliminating Evils” Concept in Traditional Chinese Medicine [J]. Traditional Chinese Medicine Research, 2010, 23(12):3-5.
42. **Lo Kwaiching**, Li Lei. On “Heart Dominating Blood and Vessels” [J]. Henan Traditional Chinese Medicine, 2010,31(5):452-453.
43. **Lo Kwaiching**, Li Lei. Function of Uterus [J]. Guangming Journal of Chinese Medicine, 2010, 25(11):2093-2094.



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聯絡方法

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學歷

2021.4-現在： 中醫癌症治療專業文憑課程 香港中文大學醫學院中西醫結合醫務中心
2021.4-2021.7: 老年醫學 HKAIM
2013-2016: 哲學博士 香港大學中醫藥學院
2011-2013: 哲學碩士 香港大學中醫藥學院
2006-2011: 中醫全科學士 香港大學中醫藥學院

專業資質

香港註冊中醫師(No.006579) (2011)

職務

01.2021-現在 助理講師 香港大學中醫藥學院
11.2019-12.2020 教學助理 香港大學中醫藥學院
2017-2019 榮譽中醫師 廣華醫院
2017-2019 榮譽中醫師 瑪麗醫院
05.2017-11.2019 博士後研究員 香港大學中醫藥學院

- 11.2016-05.2017 研究助理 I 香港大學中醫藥學院
- 09.2013-10.2013 研究助理 II 香港大學中醫藥學院

研究領域

1. 中醫古典文獻的研究。
2. 三伏天灸治療哮喘的臨床研究。
3. 針灸綜合療法治療骨科痛症的臨床研究。
4. 怡老按摩治療虛弱老人的臨床研究。
5. 小兒推拿和針刺治療小兒自閉症和多動症的臨床研究。
6. 中醫治療情志病的研究（抑鬱、驚恐、焦慮）。
7. 中西醫結合治療癌症。

發表論著

著作

1. 羅桂青, 李磊. 壽世編, 奇方類編 (荊楚文庫繁體版) [M]. 296 頁. 武漢: 湖北科學技術出版社, 2020.
2. 李磊, 陳慧中, 羅桂青, 等. 小兒暢便推拿實務手冊 (繁體版) [M]. 81 頁. 香港: 香港大學中醫藥學院、仁濟醫院社會服務部, 2019.
3. 李磊, 陳慧中, 羅桂青, 等. 怡老按摩實務手冊 (繁體版) [M]. 90 頁. 香港: 香港大學中醫藥學院、仁濟醫院社會服務部, 2016.
4. 羅桂青, 李磊. 易道與醫道 (繁體版) [M]. 353 頁. 香港: 靈蘭閣圖書國際公司, 2016.

雜誌論文

1. 何艷華, 羅桂青, 李磊. 頭針治療小兒腦癱處方規律的文獻分析[J]. 香港中醫雜誌, 2021, 16(2):91-94.
2. 羅桂青, 李磊. 三伏天灸療法簡析[J]. 香港中醫雜誌, 2020, 2: 90-92.
3. 劉建邦, 張雅菁. 羅桂青. 李磊*. 小兒推拿結合針刺治療自閉症的臨床研究[J]. 新中醫, 2017, 49(8):122-125.

4. 黃耀連, 羅桂青, 李磊. 針灸治療類風濕性關節炎的臨床研究進展[J]. 環球中醫藥, 2017, 10(7):793-798.
5. Yangyang Tan, Kwaiching Lo, Waiho Tse, Clara Waichung Chan, Kimshing Lau, Stacey S. Cherny, Lixing Lao, Lei Li*. Three Courses of Tianjiu Therapy in Sanfu Days for Chronic Asthma: A Clinic Efficacy Observation Trail [J]. Chinese Medicine, 2017, 8: 43-71. <http://www.scirp.org/journal/cm>
6. Clara W. C. Chan, Pui Hing Chau, Angela Y. M. Leung, Kwai Ching Lo, Huafeng Sh, Tin Pui Yum, Yeuk Yiu Lee, Lei Li*. Acupressure for Frail Older People in Community Dwellings—a Randomised Controlled Trial [J]. Age and Ageing, 2017; 0: 1–8. doi: 10.1093/ageing/afx050 <https://doi.org/10.1093/ageing/afx050>
7. 羅桂青, 李磊. 經絡學說中的易學天人觀[J]. 國醫論壇, 2017, 32(1):10-11.
8. 羅桂青, 李磊. 淺析傳統中醫理論中的中和之道[J]. 中醫學, 2016, 5(4): 137-140.
9. 羅桂青, 李磊. 試論《周易》變易觀對中醫理論的影響[J]. 國學, 2016, 4(4), 55-59.
10. 黃耀連, 羅桂青, 李磊. 針刺療法治療癡呆的臨床研究進展[J]. 光明中醫, 2016, 31(20):3055-3058.
11. 羅桂青, 李磊. 運氣學說中的易學思維[J]. 國學, 2016, 4(3), 27-32.
12. 黃耀連, 羅桂青, 李磊. 針刺療法治療指屈肌腱鞘炎的臨床研究進展[J]. 光明中醫, 2016, 31(14):2136-2139.
13. 黃耀連, 羅桂青, 李磊. 針刺療法治療原發性痛經的臨床研究進展[J]. 環球中醫藥, 2016, 9(5):631-635.
14. Li-Bing Zhu, Wei Zhang, Vivian Wong, Ziea Eric, Li-Xing Lao, Kwai-Ching Lo, Wai-Chung Chan, To Yau and Lei Li*. Randomized trial of acupoints herbal patching in Sanfu Days for asthma in clinical remission stage [J]. Clinical and Translational Medicine. 2016, 5:5. DOI: 10.1186/s40169-016-0084-7 (<http://www.clintransmed.com/content/5/1/5>)
15. 羅桂青, 李磊. 試論《周易》整體觀對中醫理論的影響[J]. 國醫論壇, 2016, 31(2):60-61.
16. 羅桂青, 李磊. 傳統時間針法中的易學思維[J]. 中醫文獻雜誌, 2016, 34(1):1-4.
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18. 朱麗冰, 羅桂青, 李磊, 等. 三伏天灸治療哮喘的臨床研究綜述[J]. 中醫學報, 2015, 30(6):34-37.
19. Clara W C CHAN, Sau Chun LEE, Kwai Ching LO, Hei Kiu WONG, Lei LI*. Tian Jiu Therapy for the Treatment of Asthma in Adult Patients: A Meta-Analysis [J]. The Journal of Alternative and Complementary Medicine, Volume 21, Number 4, 2015, pp. 200–207. Mary Ann Liebert, Inc. DOI: 10.1089/acm.2014.0009.
20. LiBing Zhu, Wei Zhang, Vivian Wong, Ziea Eric, KwaiChing Lo, WaiChung Chan, To Yau, Lei Li*. Two Years versus One Year of Tianjiu Therapy in Sanfu Days for Chronic Asthma: A Clinical Efficacy Observation Trial[J]. Evidence-Based Complementary and Alternative Medicine, vol. 2014, Article ID 807598, 9 pages, 2014. doi:10.1155/2014/807598.
21. 朱麗冰, 羅桂青, 李磊. 三伏天灸治療哮喘臨床療效影響因素分析[J]. 光明中醫, 2014, 29(8):1794-1796.
22. Libing Zhu, WaiChung Chan, Kwai Ching Lo, Tin Pui Yum, Lei Li*. Wrist-Ankle Acupuncture for the Treatment of Pain Symptoms: A systematic Review and Meta-analysis[J]. Evidence-Based Complementary and Alternative Medicine, 2014. Volume 2014 (2014), Article ID 261709, 9 pages. <http://dx.doi.org/10.1155/2014/261709>
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27. 朱麗冰, 羅桂青, 李磊, 等. 三伏天灸治療小兒支氣管哮喘的臨床研究進展[J]. 湖南中醫雜誌, 2013, 29(12):159-160.
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29. 劉建邦, 羅桂青, 李磊. 小兒推拿療法治療小兒便秘的臨床研究進展[J]. 按摩與康復醫學, 2013, 4(9):54-48.
30. 羅桂青, 李磊. “相火”考[J]. 國醫論壇, 2013, 28(6):11-12.
31. 羅桂青, 李磊. 試論《周易》圓道觀對經絡氣血運行理論的影響[J]. 中醫文獻雜誌, 2013, 31(3):27-28.
32. 羅桂青, 李磊. 傳統時間針法治療痛證的臨床研究進展[J]. 當代醫學, 2013, (5):625-626.
33. 羅桂青, 李磊. 針刺足三里穴節律效應的實驗研究進展[J]. 醫學信息, 2013, 26(5):668-669.
34. 石華鋒, 羅桂青, 李磊. 揠針療法治療痛證的臨床研究進展[J]. 湖南中醫雜誌, 2013, 29(5):148-149.
35. 羅桂青, 李磊. 易道和醫道芻議[J]. 國醫論壇, 2013, 28(2):49-50.
36. 羅桂青, 李磊. 《傷寒論》六經辨證體系與《周易》哲學思想的理論淵源[J]. 河南中醫, 2013, 33(1):4-6.
37. 李秀珍, 羅桂青, 李磊. 納甲法、納子法、靈龜八法治療胃病的臨床研究進展[J]. 醫學信息, 2013, 26(1):323-324.
38. 羅桂青, 李磊. 子午流注針法治療中風病臨床研究進展[J]. 光明中醫, 2013, 28(1):221-223.
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41. 羅桂青, 李磊. 論中醫學“祛邪”理念的文化內涵[J]. 中醫研究, 2010, 23 (12):3-5.
42. 羅桂青, 李磊. 試論“心主血脈” [J]. 河南中醫, 2010, 31(5):452-453.
43. 羅桂青, 李磊. “女子胞”功能淺識[J]. 光明中醫, 2010, 25(11):2093-2094.