

LIN Yi

Basic Information

Name: Professor LIN Yi

Educational Background

1961.09-1965.07 Bachelor of Chinese Medicine,
Guangxi University of Chinese
Medicine



Work experience

1965.09-1971.01 Guilin Hospital of Chinese Medicine
Physician

1971.01-1979.01 Shanxi Lintong 47 Army 84862 Military Hospital
Physician/Attending Physician

1979.01-1984.06 Guilin Hospital of Chinese Medicine Attending Physician/
Attending Physician/Associate Chief Physician

1984.07-1997.06 Guilin Hospital of Chinese Medicine Medical Education
Section Chief / Chief Physician / Professor / President

1997.07-Present Guangdong Provincial Hospital of Traditional Chinese
Medicine First grade Professor /Discipline Leader/Principal
Instructor

Clinical Experience

Professor LIN Yi is the pioneer in the discipline of breast disease. **(1) Established the first Chinese Medicine Specialist Centre in breast disease.** In 1984, Lin Yi established the first Chinese Medicine Specialist Centre of Mammary Gland Disease in Guilin Hospital of Chinese Medicine. In 1995, the Specialist Centre was approved by the State Administration of Traditional Chinese Medicine as the only “National Breast Disease Medical Center of Chinese Medicine”. Thus, Guilin Hospital of Chinese Medicine has an independent breast disease treatment centre and is well-known throughout the country. **(2) Brought out two national-level key specialists for breast disease, and cultivated a national team of Chinese medicine for breast disease treatment.** In 1997, it was approved by the State Administration of Traditional Chinese

Medicine, the Health Department of Guangdong Province, and the Health Department of Guangxi Zhuang Autonomous Region, that Professor Lin became the leader of both the Chinese Medicine breast diseases specialty of Guangdong and Guangxi provinces. Over the years, Professor Lin had led the development and direction of Chinese Medicine treatment of breast diseases and related research. Under her leadership, the Department of Breast Diseases of Guangdong Provincial Hospital of Traditional Chinese Medicine has developed into a key specialty of the State Administration of Traditional Chinese Medicine. It is the largest Chinese Medicine breast disease treatment centre in the field. The Breast Disease Centre has established itself as a leader in the Chinese medicine industry. The Department of Breast Diseases of Guilin Traditional Chinese Medicine Hospital has become the key specialist of the National Health and Family Planning Committee. In 2018, it became the first breast disease treatment centre in Asia to pass the EUSOMA certification. Professor Lin presented "the disease-based, syndrome differentiation, combination of disease and syndrome, and treating both manifestation and root cause of disease" as the clinical guiding concept of TCM, and established the general academic thought of "from the six depressions to cure breast disease". The concept has summed up and continues to innovate many new theories, methods and technologies concerning the prevention and treatment of breast diseases with Integrated Chinese and Western Medicine. The concept has distinct academic characteristics and important academic status. It also gave rise to two excellent breast disease research and clinical teams. **(3) Separated breast disease from within the surgical specialty, and established a national second-class academic society.** As early as 1995, Professor Lin served as the president of the "National Chinese Medicine Breast Disease Medical Center Network Collaboration Committee". In 1999, she was elected as the chairman of the "Chinese Association of Traditional Chinese Medicine Surgery Branch Breast Disease Professional Committee". Then she founded the "China Association of Traditional Chinese Medicine Breast Disease Prevention and Coordination Working Committee" and served as the Chairman in 2009. In 2016, she established the "Chinese Society of Traditional Chinese Medicine Breast Disease Branch" and served as Honorary Chairman.

Professor Lin focused on tackling clinical complications in the treatment of breast diseases through Integrative Chinese and Western Medicine. (1) Overcoming the problem of treatment of granulomatous lobular mastitis. (2) the search for vitality in

patients with estrogen and progesterone receptor-negative breast cancer. (3) improve the predicament of bone marrow suppression in chemotherapy patients.

Professor Lin coined the theory of modern Chinese Medicine breast disease. (1) Establishing a theoretical system for syndrome differentiation and treatment of breast cancer in Chinese medicine. She put forward a series of important academic viewpoints such as “differentiation and treatment of each breast cancer stage”, “balanced internal environment to prevent breast cancer, “hormone receptor negative targets in spleen, and hormone receptor positive targets in kidney”. The theory of meridian flow injection method combined with "spleen and kidney-reinforcing method" to prevent and treat breast cancer, and established the stage advantage of traditional Chinese Medicine in the treatment of breast malignant tumor. Leading the formulation of the National Consensus Expertise on Dialectical Internal Medicine for Breast Cancer TCM to an industry standard. In 2017, “the Perioperative Period of Breast Cancer” was selected into the dominant disease project of the Chinese Medicine. **(2) Establishment of "The Cycle therapy of Breast Disease in Chinese Medicine "**, which becomes the industry standards for the diagnosis and treatment of breast hyperplasia". **(3) Developed series treatment plan of mastitis.** Put forward all the practices and theories such as the "Sucking Milk Excretion Method" for the treatment of milk stasis, "Fire Needle for the Treatment of Breast Abscess, "Balanced Viscera, Purulent Phlegm and Rot". Both of which had been included in the TCM Medical Appropriate Promotion Technology of the State Administration of Traditional Chinese Medicine. Entrusted by the Chinese Medical Association's Breast Disease Branch in 2012, Professor Lin led the national TCM experts to hold the "Consensus of Traditional Chinese Medicine Experts in the Treatment of Granulomatous Lobular Mastitis". In 2017, the series treatments were selected as the dominant disease project of the Chinese Medicine Society. **(4) Building up of an improved system for treating breast disease.** Professor Lin advocated equal emphasis on prevention and treatment of diseases. She published a "Guide to Women's Health" (女性養生導引功), where she was the first to propose an introduction of emotional therapy into breast disease prevention and control system to form a complete treatment plan. **(5) Developed 15 kinds of Chinese Medicine specialist prescriptions.** One of her patents awarded by the State Intellectual Property Office includes her innovative Chinese Medicine “Xianpi Granules (Trade name: Jinrong Granule)” was approved for listing in December 2018. It is the only one approved by the State Drug Administration in 2018, which is also the first Chinese medicine new drug that has been

approved by the R&D institution. According to the new drug certificate, the production batch number, and the three licenses of the listed license holders, the new drug will be jointly tested; it is also the first modern Chinese Medicine that the State Drug Administration has adopted to formulate the quality standard of western medicine.

Representative Teaching Experience

1. It was approved by the National Ministry of Health, the National Ministry of Personnel and the State Administration of Traditional Chinese Medicine, in 1997, that Professor Lin was appointed the second batch of instructors for the transmission of academic experience from the famous veteran doctors of Traditional Chinese Medicine. As a tutor, Professor Lin raised a total of 5 academic heirs, 1 Chairman of national association, a number of national-level association deputy committee members, and 6 provincial and municipal breast disease subject leaders.
2. Professor Lin was appointed by the State Administration of Traditional Chinese Medicine to host the "Taiwan Chinese Physician Clinical Training Course". Between December 1988 and September 2000, a total of 35 sessions were held. 535 Taiwanese students participated in the training. The course promoted the spread of Chinese Medicine in the two sides of the strait, which enhanced the deep feelings of the people. Since 1997, Professor Lin has held 14 National Symposiums on Traditional Chinese Medicine and Integrated Medicine for Breast Diseases as the academic leader. Every two years, the training courses will be held on the advanced diagnosis and treatment technology for breast diseases in Chinese and Western Medicine, which recruited students from all over the country. Apart from that, Professor Lin had hosted a national-level continuing education project "Lin Yi Academic Thoughts and Experience Inheritance Class" for four sessions, attracting Chinese and Western Medicine Practitioners.

Representative Honors and Awards:

1. In 1986, Professor Lin was awarded the title of "National Health and Civilization Advanced Worker" by the Ministry of Health of the People's Republic of China.
2. In 1994, the State Council of the People's Republic of China issued a "government special allowance" treatment to Professor Lin.
3. In 1995, the Ministry of Health of the People's Republic of China, the State Administration of Traditional Chinese Medicine, and the Ministry of Personnel of the People's Republic of China awarded Professor Lin the title of "National Health

System Advanced Workers"

4. In 1997 and 2008, it was identified by the Ministry of Personnel of the People's Republic of China, the Ministry of Health, and the State Administration of Traditional Chinese Medicine as "the second batch of the fourth batch of national traditional Chinese medicine experts to inherit the academic experience."
5. In 1996, the research results of "Fire Needle Cave Drainage Treatment for Breast Abscess" won the third prize of Guangxi Science and Technology Progress Award.
6. In 2005, "a traditional Chinese medicine composition for treating mammary gland hyperplasia and its preparation method" was awarded a new patent for invention by the State Intellectual Property Office of the People's Republic of China.
7. The Modern Chinese Medicine Breast Diseases" (現代中醫乳腺病學), published by Professor Lin in 2010 won the second prize of the Academic Works of the Chinese Medicine Association.
8. In 2012, Professor Lin was awarded the title of "Guipa Chinese Medicine Master" by the Health Department of Guangxi Zhuang Autonomous Region and the Department of Human Resources and Social Security of Guangxi Zhuang Autonomous Region.
9. In 2016, Professor Lin was awarded the "Outstanding Contribution Award for Academic Development of Chinese Breast Diseases" by the Chinese Society of Traditional Chinese Medicine.
10. In 2016, Professor Lin was awarded the title of "Advanced Individual of Medicine, Medicine, Medicine and Medicine" by China Academy of Chinese Medical Sciences.
11. In 2016, Professor Lin was awarded the "Traditional Achievement Award for Chinese Mammary Diseases" by the Breast Disease Branch of the Chinese Medicine Association.
12. In 2017, Professor Lin was awarded the title of "National Famous Chinese Medicine" by the Ministry of Human Resources and Social Security, the National Health and Family Planning Commission, and the State Administration of Traditional Chinese Medicine.
13. In 2017, Professor Lin won the second prize of Science and Technology Progress of China Association of Chinese Medicine

Service and Appointment in Academic Societies

1. 1989-1997 Deputy Director of the Breast Disease Professional Committee of the Surgical Branch of the Chinese Society of Chinese Medicine
2. 1999-2016 Chairman of the Breast Disease Professional Committee of the Surgical Branch of the Chinese Traditional Medicine Association (Renamed "Chinese Committee of Traditional Chinese Medicine Breast Disease Prevention and Control Committee" in 2008)
3. 2016, to present Honorary Chairman of the Chinese Society of Traditional Chinese Medicine Breast Disease Branch

4. 2017, to present Consultant of the Breast Diseases Professional Committee of the World Federation of Chinese Medicine
5. 2015, to present Consultant of the Breast Disease Professional Committee of the Guangdong Provincial Traditional Chinese Medicine Association
6. 2017, to present Consultant of the Breast Branch of Guangdong Health Care Association
7. 2017, to present Consultant of the Breast Disease Health Management Committee of Guangdong Provincial Traditional Chinese Medicine Association
8. 2005, to present Consultant of the Surgical Committee of Guangdong Traditional Chinese Medicine Association

Representative patents, monographs and papers

Patent

1. Lin Yi: "A traditional Chinese medicine composition for treating hyperplasia of mammary glands and its preparation method" obtained the invention patent of the State Intellectual Property Office [CN, CN 1868530 B[P]. 2010.]

Monograph

2. Lin Yi, Cai Bingqin. Treatment of Common Breast Diseases with Combination of Traditional Chinese Medicine and Western Medicine [M]. Guangzhou: Guangdong People's Publishing House, 1999
3. Lin Yi, Tang Hanzhen. Modern Chinese Medicine Breast Disease [M]. Beijing: People's Medical Publishing House, 2003.
4. Lin Yi, Cai Bingqin. Clinical diagnosis and treatment of traditional Chinese medicine for surgical diseases (first edition) [M]. Beijing: People's Medical Publishing House, 2000.
5. Lin Yi, Postpartum Hypogalactia And Breast Hyperplasia [M], People's Medical Publishing House, 2007.
6. Lin Yi, Cai Bingqin. Clinical diagnosis and treatment of traditional Chinese medicine for surgical diseases (Second Edition) [M]. Beijing: People's Medical Publishing House, 2005.
7. Lin Yi. Women's Health Guidance. Guangzhou: Guangdong Audiovisual Press.
8. Situ Honglin, Chen Qianjun. Lin Yi's Academic Thoughts and Experiences of Breast Disease[M]. Beijing: People's Medical Publishing House, 2013

Paper

9. LIN Yi,LIU Xiao-yan,CHEN Qian-jun.Evaluation of Risk Factors for Breast Cancer and Prevention of Diseases in Traditional Chinese Medicine[J].Journal of Liaoning University of Traditional Chinese Medicine,2008,10(8):6-9.
10. LIN Yi, Situ Honglin, Zhang Rong. Application of spleen-tonifying and kidney-

reinforcing method combined with meridian flow injection theory in the treatment of myelosuppression after chemotherapy in breast cancer[J]. Journal of New Chinese Medicine,2007,39(9):94-95.

11. Lin Yi, Chen Qianjun, Liu Pengxi. Standardization of Syndrome Differentiation of Breast Cancer Stage——An Important Subject of Advancing with the Times in Traditional Chinese Medicine Breast Disease[J]. Journal of Chinese Integrative Medicine, 2006, 4(5): 154-157.
12. Lin Yi, Situ Honglin, Chen Qianjun. Mammary gland hyperplasia and traditional Chinese medicine cycle therapy [J]. Journal of Traditional Chinese Medicine, 2003, 20 (1): 7-8.