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Dr. David Spiegel is Willson Professor and Associate Chair of Psychiatry & Behavioral Sciences, Director of the Center on Stress and Health, and Medical Director of the Center for Integrative Medicine at Stanford University School of Medicine, where he has been a member of the academic faculty since 1975 and was Chair of the Faculty Senate in 2010-2011. He is Past President of the American College of Psychiatrists, Past President of the Society for Clinical and Experimental Hypnosis, and is a member of the National Academy of Medicine. He has published twelve books, 372 scientific journal articles, and 165 book chapters on psychosocial oncology, stress physiology, trauma, hypnosis, and psychotherapy. His research has been supported by the National Institute of Mental Health, the National Cancer Institute, the National Institute on Aging, the National Center for Complementary and Alternative Medicine, the John D. and Catherine T. MacArthur Foundation, the Fetzer Institute, the Dana Foundation for Brain Sciences, and the Nathan S. Cummings Foundation. His research on cancer patients was featured in Bill Moyers' Emmy award-winning PBS series, *Healing and the Mind*.